



# Handout for Your Money Breakthrough With Elyse Hope Killoran

<http://www.yourmoneybreakthrough.com>

1. Key point: To set the stage for a breakthrough you must a) \_\_\_\_\_  
\_\_\_\_\_ and b) \_\_\_\_\_

2. The breakthrough journey is short-circuited when: \_\_\_\_\_

So keep reminding yourself \_\_\_\_\_

3. To get real momentum for a breakthrough you must commit to: \_\_\_\_\_  
\_\_\_\_\_ without \_\_\_\_\_

4. Toxic emotions... \_\_\_\_\_

5. To increase the pull of "C" you need:

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

6. Transforming your experience of money is part of your \_\_\_\_\_

and doing so benefits \_\_\_\_\_



# Your Money Set-Point

As implied by the image above, we each have a "set point" when it comes to money. Our money set point is similar to our weight set point (consider the fact that most of us hover around the same number of pounds week to week regardless of varying our diets.) Even if we earn more money we inevitably spend more so the experience of having 'extra money' and 'abundance' is uncommon.

## Calculating your Money Set-Point:

### 1. Business owners: Use Kendall SummerHawk's "Money Speedometer"

Review 5 highest net income-producing months in the past 12 months.

\_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_ = \_\_\_\_\_

Add them together and divide by 5. \_\_\_\_\_ / 5 = \_\_\_\_\_

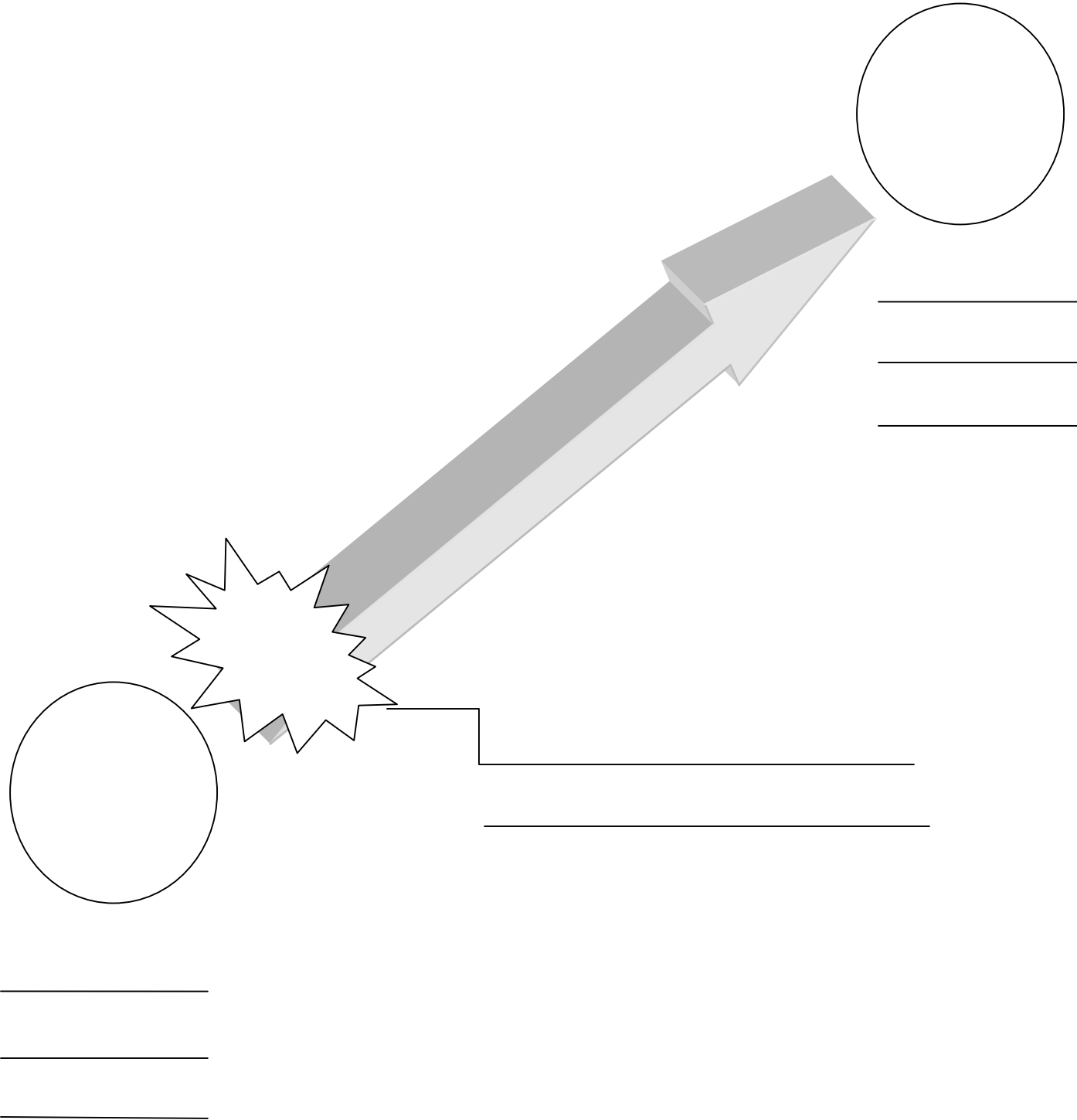
Multiply by 12 for annual income set-point. \_\_\_\_\_ X 12 = \_\_\_\_\_ annual net set-point

According to Kendall, business owners who do not conscientiously work on raising their money speedometer remain on track to create the same income (plus or minus 20%) for the next two years.

### 2. General: Pay attention to your annual average accrual

This is a bit trickier as your W-4 only tells part of the story. Your money set-point is more than a simple reflection of what you bring in. What we're really interested in is how much you keep. Often people experience an increase in income along with related increase in expenses. Calculate average accrual based on your highest yearly income out of the last five years (everything counts!) after subtracting unusual expenses.

# The Breakthrough Journey





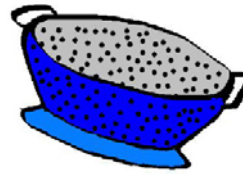
## Disempowered thought patterns lead to toxic emotions...

*"Over 90% of the toxins in the human body are not byproducts of bacteria or harmful chemicals. Humans are sick from toxic emotions that are not effectively processed." -- Dr. David Simon of The Chopra Center*

How often do your thoughts about money lead to feelings of:

- Anger?
- Lack?
- Anxiety?
- Frustration?
- Insecurity?
- Self-judgment?
- Jealousy?
- Possessiveness?
- Unworthiness?
- Entitlement?
- Stress?
- Greed?
- Self-pity?
- Inferiority?
- Guilt?
- Self-sacrifice?
- Shame?
- Blame?
- Despair?

# Unprocessed toxic emotions underly these Money Blocks & Money Leaks



*Sabotaging money patterns, "occur because we are trying to solve a deeper problem. We want relief from inner pain or discomfort, and we're living under the misconception that...the unsettling feelings will go away permanently. But they don't." -- Julie Murphy Casserly, CFP*

As more comes in, more goes out  
Avoidance of practical money issues  
Control issues (especially related to other people's money)  
Debt (unmanageable)  
Dependence on others  
Excessive thrift  
Gambling/ excessive risk-taking  
Guilt about having money  
Hoarding money  
Impulsive spending  
No savings  
Others dependent on you  
Over-giving  
Plateau (stuck in)  
Relationships damaged due to disagreements over money  
"Starving artist" mentality  
Struggle/drama around money  
Under-charging/ under-earning

## Your Money Breakthrough Intensives with Elyse Killoran



**If You're Ready to "Break Through" Your Hidden Money "Stuck Points" So You Can Make And Keep More Money...An Exclusive Full Coaching Day with Elyse is Guaranteed\* to Propel You On Your Way**

Its one thing to know that your "money mindset" is everything - and quite another to change it. And that's exactly what will make this "Breakthrough" Coaching Day unlike anything you've ever experienced before.

This is your opportunity to receive Personal Coaching directly from me as I lead you through a **complete, step-by-step system** to create the **lasting money breakthroughs** that can transform your life (and business) forever.

"Your Money Breakthrough" is offered as a **Virtual VIP Coaching Intensive** in three formats: Private, Small Group and Two-Day Business-Breakthrough OR as well as a Your Money Breakthrough Class OR as a 5 Month Group Coaching option.

I'm so confident that you'll get the Money Breakthrough you've been waiting for, I'll personally guarantee\* your modest investment in this transformational experience.

**\* Every Penny Of Your Investment Is Safe Thanks To My "No Questions Asked" Heart And Soul Guarantee.**

I invite you to **register for this workshop** with *peace of mind*. Spend the entire day with me as I coach you to YOUR money mindset breakthroughs, and hand you everything you need to authentically **make and keep more money than you ever have before.**

If, any time within six months of the live session, you feel that you have conscientiously implemented the practical and spiritual tools customized for you during your Breakthrough Day but you have not significantly altered your energy regarding money...send me a direct email describing your experience and I'll cheerfully refund your money out of my own pocket.

I'm so confident that the experience I have planned for you is the best of its kind that you'll never think to ask. **My Heart And Soul Guarantee is simply my way of taking any worry off your shoulders about making this decision.**

**What can I expect from my Breakthrough Day with you?**

- We'll begin by making a Soul Commitment to transform your experience of money – and you'll receive immediate confirmation that this is indeed an essential part of your Spiritual Path.
- You'll discover your Money Archetype™ - and how you will use it to make and keep more money than you do right now.
- You'll experience (viscerally) how you've been unconsciously pushing money away from you... and how to welcome money with open arms instead.
- You'll activate my proprietary “Money Breakthrough Templates” to dissolve away sabotaging money patterns so you can move on to healthier, wealthier money actions.
- You'll uncover your personal set of shadow beliefs (the ones you don't even know you have) that are likely sabotaging your ability to make and keep more money while making a bigger difference in the world.
- You'll install new, supportive money beliefs that will melt away inner blocks to prosperity.
- You'll make simple shifts in your language to imprint these new beliefs, actions, and habits... so you can attract money effortlessly (without “thinking” about it.)
- You'll receive a comprehensive list of simple Spiritual Money Practices (personalized for your Money Archetype™) that you can start doing right now to increase your income and keep much more of what you make.
- You'll begin to plug the insidious “money leaks” that are draining your wealth right now. (These are small but sneaky... unless you know where to look. I'll give you a checklist so you don't miss any.)
- You'll gracefully handle any unfinished money business that might be preventing you from creating more money
- You'll be propelled by a simple system to create Bold Money Goals that pull you forward (and put more in your bank account.)
- You'll commit to being a Spirit-Rich money role model for others (and become clear that the whole planet will benefit from your commitment to this practice.)
- Most of all...you'll stop giving your money power away, once and for all, so that your money choices are a reflection of your values and highest self.

**This all sounds great....but I've been working on this for a loooong time!**

If you are attracted to me and to my work you're likely to be a "recovering intellectual." You've tried a lot of other things before and have been disappointed and so you wonder "Will this really work for me?"

The answer is YES! The approach that we will be taking together (a marriage of practical and spiritual money actions) is groundbreaking and unique. With my *personal coaching* we'll get to the heart of what has kept **you** trapped and we'll liberate your energy so that you can move forward on a new path.

By the end of your day with me, you'll know exactly what inner blocks are keeping you from creating the income you want, AND you'll have a plan of practical and spiritual ACTION to make (and more importantly, keep) a lot more money than you're making right now.

Your modest investment for all the systems, strategies and step-by-step actions you need in order to create the permanent money breakthrough you've been waiting for is:

- Private Full-Day "Money Breakthrough" Coaching Intensive - ~~\$3597~~ **Reserve in 2009 \$2797**
- Small Group Virtual Intensive (5 - 8 people) ~~\$997~~ **Reserve in 2009 \$797 per person**
- Business Owners can add a 2<sup>nd</sup> Day focusing on Money Breakthroughs in Business (these breakthroughs will be focused around key money areas including: enrollment, pricing, and business expansion) for a total investment of ~~\$4997~~ **\$3997 (individual) or \$1797 \$1397** (group) for both days. Note: the personal and business add-on days will not be consecutive. (*PPP and SABC members - write to Elyse to ask about special member advantages.*)
- Once you are officially registered, we'll send you a list of available days and times and you'll pick your first and second choices. Sessions will be available throughout the next six months.

**As soon as you register, your "Money Breakthrough" package will be shipped to your door. You'll receive:**

- **Kendall SummerHawk's Breakthrough Money Archetypes™ System**

The groundbreaking system that reveals the beliefs, habits and actions that keep you stuck in old money patterns, and how to break free, once and for all.

- **Personalized Money Archetypes™ Assessment**

You'll get this simple, fun assessment to determine your Money Archetype. Which one is YOURS? Register for the Money Breakthrough Intensive to find out!



- **Your Own Set of Stunning Full Color Money**

### **Archetypes™ Cards**

These fully illustrated, full color cards give you detailed, in-depth information on your Money Archetype™ and personal Spiritual Money Path, plus loads of specific money actions and money words to help you quickly build inner and outer wealth. We'll use these over and over again throughout the day to help you create your big money breakthroughs!

- **Million Dollar Mindset Binder Filled With Tracking Sheets, Checklists, And Templates Of Practical & Spiritual Money Principles**

I want you to make it as easy as possible for you to invite these practices into your life! You'll get all the checklists, templates and tracking sheets you need to get started mailed to your home before the live session.

**No risk exploration conversation.** If this possibility intrigues you, I'd like to put aside some time to speak with you about the specifics one-on-one. Send me an email: [Elyse@choosingprosperity.com](mailto:Elyse@choosingprosperity.com) and we'll set up a time to speak within the week.

I can't wait to connect with you one-on-one, so I can share all of the proven step-by-step systems, strategies and information with you personally. Most importantly, I can't wait to help YOU create the money breakthroughs you need to welcome more money, joy and freedom into your life!

To your heart and soul success!

***Elyse Hope Killoran***

President, Prosperity from the Inside-Out

PS: Still not sure if this is right for you? It's so important for you to have this life-changing information that I offer a full-money-back, "no questions asked" guarantee. I invite you to sit through the entire program... then make up your mind later. I've made this decision as risk-free as possible for you because you simply can't afford to go without this information any longer. Send me an email: [Elyse@choosingprosperity.com](mailto:Elyse@choosingprosperity.com) and I'll be happy to answer all of your questions personally.